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**Notes from editor (not for publication):**

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HEADLINE ELEMENTS:

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1 Sarasa Ensemble presents 'Sweet Sleep' Nov. 14 at BMC

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3 TEXT BODY:

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4 The Sarasa Ensemble presents "Sweet Sleep," Friday, Nov.  
5 14, at the Brattleboro Music Center (BMC), 72 Blanche Moyse  
6 Way.

7 "Coinciding with Nature's annual moment of repose, the  
8 ensemble will explore music inspired by the many states of  
9 sleep," wrote organizers in a news release.

10 The concert is scheduled for 7 p.m. and will include  
11 works for soprano, strings, lute, and organ. It will feature Georg

12 Muffat's concerto grosso No. 4 in G minor, "Dulce somnium,"  
13 which inspired the program title.

14 "Some of us sleep deeply, some of us lightly, some need  
15 nighttime tea to help fall asleep, some a book or a podcast or  
16 listening to music," explained Sarasa co-founder Jennifer  
17 Morschies. "Some of us have recurring dreams, some unwanted  
18 nightmares, and many need something repetitive to help ease us  
19 to slumber, such as a lullaby, perhaps counting sheep, or the lull  
20 of water or waves on a beach. And then, for all of us, there is the  
21 inevitability of eternal rest."

22 The ensemble will include Kristen Watson, soprano;  
23 Elizabeth Blumenstock and Rebecca Nelson, violins; Jenny  
24 Stirling, viola; Jennifer Morschies and Timothy Merton, cellos;  
25 Michael Leopold, lute and theorbo; and Michael Beattie, organ.

26 The Sarasa Ensemble is a collective of international  
27 instrumentalists and vocalists who perform classical music  
28 spanning the 17th to the 21st centuries on both period and  
29 modern instruments and bring this music to diverse communities.

30 Tickets are \$20 for advance general admission, \$25 at  
31 the door, and are available at [bmcvt.org](http://bmcvt.org), 802-257-4523, and  
32 [info@bmcvt.org](mailto:info@bmcvt.org).

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