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—For section.....Voices/Letters from readers
—Format.....LETTERS - Opinions - Letters to the Editor
—Dateline.....Brattleboro
—Article Number:.....42694

[REDACTED]

Notes from editor (not for publication):

[REDACTED]

HEADLINE ELEMENTS:

#####BEGIN HED#####

1 A difficult return from benzodiazepine

#####END HED#####

#####BEGIN SUBHED#####

2

#####END SUBHED#####

3 TEXT BODY:

#####BEGIN TEXT#####

4 I empathize with individuals on the streets who are
5 suffering with addiction.

6 I was placed on a benzodiazepine for more than two
7 years, and I am now withdrawing from it.

8 First, it was done with uninformed consent, and the drug
9 was not to be dispensed for more than two weeks. I have been on
10 this drug for more than two years.

11 The withdrawal process has me feeling anxious, angry,
12 and full of angst. Apparently, it might take more than a few years
13 to resume being my authentic self.

14 My heart goes out to those who are using opioids and
15 bendozdiazipines.

#####END TEXT#####

BIO/COATTAIL:

#####BEGIN BIO/COATTAIL#####

16

#####END BIO/COATTAIL#####

LAST ISSUE IN WHICH THIS FILE CAN BE RUN:

#####BEGIN MAXISSUE#####

17 0

#####END MAXISSUE#####

LINKS:

#####BEGIN LINKS#####

18

#####END LINKS#####

VIDEO:

#####BEGIN VIDEO#####

19

#####END VIDEO#####

LOGLINE (SOCIAL MEDIA):

#####BEGIN LOGLINE#####

20

#####END LOGLINE#####