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—For section.....Voices/Letters from readers
—Format.....LETTERS - Opinions - Letters to the Editor
—Dateline.....Brattleboro
—Article Number:.....42694

Notes from editor (not for publication):

HEADLINE ELEMENTS:

####BEGIN HED####

A difficult return from benzodiazepine

####END HED####

####BEGIN SUBHED####

####END SUBHED####

TEXT BODY:

####BEGIN TEXT####

I empathize with individuals on the streets who are suffering with addiction.

I was placed on a benzodiazepine for more than two years, and I am now withdrawing from it.

First, it was done with uninformed consent, and the drug was not to be dispensed for more than two weeks. I have been on this drug for more than two years.

11 The withdrawal process has me feeling anxious, angry,
12 and full of angst. Apparently, it might take more than a few years
13 to resume being my authentic self.

14 My heart goes out to those who are using opioids and
15 bendozdiazipines.

####END TEXT####

BIO/COATTAIL:

####BEGIN BIO/COATTAIL####

16

####END BIO/COATTAIL####

LAST ISSUE IN WHICH THIS FILE CAN BE RUN:

####BEGIN MAXISSUE####

17

0

####END MAXISSUE####

LINKS:

####BEGIN LINKS####

18

####END LINKS####

VIDEO:

####BEGIN VIDEO####

19

####END VIDEO####

LOGLINE (SOCIAL MEDIA):

####BEGIN LOGLINE####

20

####END LOGLINE####